What is claimed is:

- 1. A polishing agent containing at least globular-silica powder and alumina powder.
- 2. The polishing agent according to claim 1, wherein the average grain diameter of the globular-silica powder is smaller than the average grain diameter of the alumina powder.
- 3. The polishing agent according to claim 1, wherein the average grain diameter of the globular-silica powder is  $2-7\,\mu$  m.
- 4. The polishing agent according to claim 2, wherein the average grain diameter of the globular-silica powder is  $2-7\,\mu\,\mathrm{m}$ .
- 5. The polishing agent according to claim 1, wherein the amount of the globular-silica contained in the polishing agent is 20-50 percent by weight.
- 6. The polishing agent according to claim 2, wherein the amount of the globular-silica contained in the polishing agent is 20-50 percent by weight.
- 7. The polishing agent according to claim 3, wherein

the amount of the globular-silica contained in the polishing agent is 20-50 percent by weight.

- 8. The polishing agent according to claim 4, wherein the amount of the globular-silica contained in the polishing agent is 20-50 percent by weight.
- 9. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 1.
- 10. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 2.
- 11. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 3.
- 12. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 4.
- 13. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 5.
- 14. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 6.
- 15. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 7.

16. A lapping method wherein a workpiece is lapped using the polishing agent according to claim 8.

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- 17. A lapping method in which a workpiece is held between an upper turn table and a lower turn table, the workpiece being lapped by rotating the upper and the lower turn tables while being supplied with a polishing agent, wherein the polishing agent is a polishing agent containing at least globular-silical
- 18. The lapping method according to claim 9, wherein the workpiece to be lapped is a silicon wafer or a quartz water.

powder and alumina powder.

19. The lapping method according to claim 17, wherein the workpiece to be lapped is a silicon wafer or a quartz water.